# Emotional Support Animal & Service Animal

Uses & Benefits

#### Housing

Landlords Cannot Charge Tenants Pet Deposits And Fees

## Airlines

Airlines Must Allow SAs On Board And Cannot Charge Pet Fees. However, As Of 2021, Airlines Are No Longer Required To Accommodate ESAs.

### Species

All Animal Species May Qualify As An ESA. SAs are limited to dogs.

## Training

ESAs Are Not Required To Undergo Training As Long As The Pet Minimizes One's Negative Mental And/Or Emotional Symptoms. SAs Are Individually Trained To Perform Tasks For The Benefit Of Someone With A Disability. SA Trainings Can Be Performed By Professionals And Non-Professionals.

### **Qualifying Conditions**<sup>4</sup>

Stress, Anxiety, Depression, Mood Disorders, Fears/Phobias, PTSD, Loneliness/Isolation, Etc.

#### Uses

Companionship, Social Comfort, Mood Stabilization, Life Skills, Sense Of Safety, Sense Of Purpose, Sense Of Motivation, Self-Esteem Development, Medication Reminders, Self-Harm Interruptions, Etc.



Visit flowtherapy.health for an ESA or SA assessment & prescription!